

Cafes and Bakeries

Haley House Bakery Café—\$
Sandwiches, soups, baked goods, coffee
Dudley Square, Roxbury
MBTA: Ruggles (Orange Line)

Flour Bakery—\$\$
Sandwiches, bakery items, coffee
Multiple Locations
MBTA: Back Bay (Orange), Central (Red)

Equal Exchange Café —\$
Coffee, locally baked items
North End
MBTA: North Station (Green + Orange Line)

Sofra—\$\$
Middle Eastern bakery, breakfast & brunch
Cambridge

TAKING THE

The nearest MBTA stop is listed under each restaurant.

Taking public transportation:

- reduces emissions and congestion
- is safe and affordable
- simplifies finding your way & parking.

Use public transit directions on your phone's Google Maps app to find the best route from your location.

Farmers Markets & Grocery Stores

Copley Square Farmers Market
Local farms and vendors, good for lunch
Open 11-6 Tuesdays & Fridays
MBTA: Copley Square (Green Line)

Boston Public Market
Year-round indoor farmer's market
Over 38 vendors, good for lunch
MBTA: Haymarket (Green/ Orange Line)

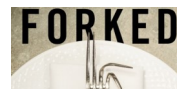
City Feed and Supply
Sandwiches, soups, and local goods for sale
Jamaica Plain
MBTA: Green Street (Orange Line)

The Daily Table
founded by Trader Joe's former president
Recovering food that would otherwise be wasted
Dorchester

Harvest Market
Coop grocery store
Cambridge
MBTA: Central (Red Line)

Russo's Market
"The food lovers' food store"
Featuring local produce
Watertown

Resources:



HEN Restaurant Guide



BOSTON 2016

YOUR GUIDE TO RESPONSIBLE DINING AROUND BOSTON

These featured restaurants practice one or more of the following:

- Sourcing local, organic, sustainable, or seasonal products
- Providing opportunities to people with barriers to employment
- Paying fair wages or offering benefits to employees
- Diverting food waste by composting or donating excess food
- Participating in fair trade markets

Hunger and Environmental Nutrition

a dietetic practice group of the
 American Dietetic Association

Vegetarian Fare

Clover Food Lab—\$

Sandwiches, breakfast, salads, coffee
Multiple locations (including food trucks!)
MBTA: Harvard, Central, Kendall and more

Life Alive—\$\$

Smoothies and Juices, vegetarian food
Central Square
MBTA: Central Square (Red Line)

Mother Juice—\$\$

Smoothies and juices, breakfast food
Kendall Square, Boston Public Market
MBTA: Kendall Square (Red Line)

FoMu—\$\$

Vegan Ice Cream
Jamaica Plain
MBTA: Green Street (Orange Line)

International/ Fusion

Sarma—\$\$\$

Middle Eastern, Moroccan, Turkish
Somerville

Oleana—\$\$\$

Mediterranean
Cambridge
MBTA: Central Square (Red Line)

Mei Mei—\$\$

Creative Chinese-American Food
Fenway
MBTA: Saint Mary St, Boston University
Central, or Fenway (Green B, C, D Line)

Taranta—\$\$\$

Peruvian Italian Fusion
North End
MBTA: Haymarket (Green / Orange Line)

Fast Casual

Sweet Green—\$\$

Salads, soups
Downtown, multiple locations
MBTA: Back Bay, Downtown Crossing (Orange)

Dudley Dough—\$\$

Pizza (A Haley House Initiative)
Dudley Square, Roxbury
MBTA: Ruggles (Orange Line)

The Just Crust—\$

Pizza
Harvard Square, Cambridge
MBTA: Harvard Square (Red Line)

Grass Fed—\$\$

Burgers
Jamaica Plain
MBTA: Green Street (Orange Line)

b.good—\$

Burgers
Multiple locations

Boloco—\$

Burritos
Multiple Locations

DO SOME RESEARCH

Don't forget to look up
restaurants on Yelp to:



- Check the hours
- Find additional locations
- Read reviews

Modern American

ester—\$\$

Fresh produce from the rooftop garden
Dorchester

The Salty Pig—\$\$

Charcuterie, pizzas, craft beer, old world wines
Back Bay/ South End
MBTA: Back Bay (Orange Line)

Henrietta's Table—\$\$\$

"Fresh & Honest"
Cambridge
MBTA: Harvard (Red Line)

EVOO—\$\$\$

"Eclectic cuisine"
Cambridge
MBTA: Central Square (Red Line)

The Fireplace—\$\$\$

"Food with Integrity"
Brookline
MBTA: Washington Square (Green C Line)

Harvest—\$\$\$

"Contemporary New England Cuisine"
Cambridge
MBTA: Harvard (Red Line)

Craigie on Main—\$\$\$\$

"Refined Rusticity"
Cambridge
MBTA: Harvard Square (Red Line)